



# SAREA TOP ROPE GROUP MANAGEMENT CLIMBING ASSESSMENT

Candidates name: ..... Location: .....

Assessors name/s: .....

Date: ..... / ..... / ..... Time started: ..... Time finished: .....

No. of students: ..... Weather conditions: .....

There are 3 practical assessment components of the SAREA Top Rope Guide (Restricted) and the Top Rope Instructor

Assessment no. 1: Personal Skills

Assessment no. 2: Group Management

Assessment no. 3: Rescue Skills

Top Rope Instructor Assessment is an additional 2 hours Personal Skills Assessment.

On completion of the Group Management practical assessment, successful candidates will be issued with the following Units of Competence:

SROCLN007A Guide climbing activities on natural surfaces (restricted)

SROABN007A Guide abseiling on natural surfaces (single pitch)

- Assessment elements
1. Plan a climbing/abseiling activity for clients
  2. Select appropriate equipment for the group
  3. Establish the climb/abseil
  4. Brief clients
  5. Maintain physical welfare of group
  6. Supervise a climbing/abseiling activity safely
  7. Conduct activity in a professional manner
  8. Complete post trip responsibilities

1. Meet candidate at pre-arranged location, e.g. the top gate at Morialta. Candidate must present a copy of the following to be checked by the Assessor prior to commencement of the activity:
  - 1.1 Risk Management Plan including Emergency Response Plan
  - 2.1 Session Plan including client group analysis, learning outcome statements, detailed safety talk, indications of time, introduction, development, conclusion, and strategies for obtaining feedback and evaluating your performance as an instructor:
2. Conduct pre-assessment checks (if items missing, e.g. First Aid kit you may need to cancel assessment).
3. Candidate takes group to a location away from the cliff edge for safety / equipment briefing:
  - 3.1. Harnesses, helmets, ropes, hardware, etc.
  - 3.2. Safety expectations / requirements
4. Candidate moves group to the cliff environment:
  - 4.1. Candidate sets up top rope, bottom belay, climb/s.
  - 4.2. Personal safety at edge
  - 4.3. Uses a suitable descent route and method to safely get group to base of cliff.
5. At base of cliff candidate demonstrates / instructs top rope skills:
  - 5.1. Belaying
  - 5.2. Climbing calls
  - 5.3. Climbing techniques
6. After all participants have belayed each other and had at least one climb, candidate moves the group to the top of cliff to set-up for the abseil.



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- 6.1. Must use an 'effective' chest harness that provides upper body support that would prevent the participant from inverting.
- 6.2. Must use a separate safety rope
- 6.3. Instruct participants to abseil safely.
- 8. End of assessment. Pack up and debrief assessment (*show candidate this assessment sheet and discuss all items*). If assessment is dubious the assessor is not required to say this to candidate. Advise candidate that you will make your recommendations to the SAREA Board and the Board will notify them.

## 1. Pre-assessment checks at vehicles

- 1.1. Check candidate has the following:
  - 1.1.1. Risk Management Plan .....
  - 1.1.2. Session Plan.....
  - 1.1.3. Receipt from TAFE for proof of payment .....
  - 1.1.4. Readily accessible First Aid kit .....
  - 1.1.5. Helmets for all participants .....
  - 1.1.6. Appropriate footwear for a cliff environment .....
  - 1.1.7. Weather forecast checked .....
  - 1.1.8. Information sheet for participants, including logistics and equipment.....
  - 1.1.9. Informed land manager of intended activities .....
  - 1.1.10. Correct no.of clients (4) .....

Comments: .....

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## 2. Group safety / equipment briefing

	Talked	Demo
2.1. Check of medical and emergency contact information.....	<input type="checkbox"/>	<input type="checkbox"/>
2.2. Check participants personal protective equipment, food and drink.....	<input type="checkbox"/>	<input type="checkbox"/>
2.3. Outline of session plan provided, including aims and objectives.....	<input type="checkbox"/>	<input type="checkbox"/>
2.4. Brief outline of hazards, and management procedures .....	<input type="checkbox"/>	<input type="checkbox"/>
2.5. Emergency response information.....	<input type="checkbox"/>	<input type="checkbox"/>
2.5.1. Location of first aid.....	<input type="checkbox"/>	<input type="checkbox"/>
2.5.2. Communication system.....	<input type="checkbox"/>	<input type="checkbox"/>
2.5.3. Meeting point.....	<input type="checkbox"/>	<input type="checkbox"/>
2.6. Questions participants prior experience.....	<input type="checkbox"/>	<input type="checkbox"/>
2.7. Equipment used is designed and tested for climbing .....	<input type="checkbox"/>	<input type="checkbox"/>
2.8. Discussion about cliff edge safety .....	<input type="checkbox"/>	<input type="checkbox"/>
2.9. Discussion about loose rocks and other falling objects .....	<input type="checkbox"/>	<input type="checkbox"/>
2.10. Checks harness are correctly fitted and secured .....	<input type="checkbox"/>	<input type="checkbox"/>
2.11. Checks helmets are correctly fitted and secured .....	<input type="checkbox"/>	<input type="checkbox"/>
2.12. Instruction of knots:		
2.12.1. Figure of 8's (Re-threaded & On Bight) .....	<input type="checkbox"/>	<input type="checkbox"/>
2.12.2. Other/s .....	<input type="checkbox"/>	<input type="checkbox"/>
2.13. Advises participants of:		



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|---|--------------------------|--------------------------|
| 2.13.1. Walking on ropes .....                                      | <input type="checkbox"/> | <input type="checkbox"/> |
| 2.13.2. Calls for dropped gear / rocks .....                        | <input type="checkbox"/> | <input type="checkbox"/> |
| 2.13.3. What they should do if "ROCK or "BELOW" is called out ..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 2.13.4. What they should do if any equipment is "dropped" .....     | <input type="checkbox"/> | <input type="checkbox"/> |
| 2.13.5. Toilet procedures   |                          |                          |
| 2.13.6. Minimal impact procedures                                   |                          |                          |

Comments: .....

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**3. Top rope set-up (top of cliff) Talked Demo**

- Climb name/s: .....
- |  |                          |                          |
|--|--------------------------|--------------------------|
| 3.1. Suitable for the needs of the group .....                     | <input type="checkbox"/> | <input type="checkbox"/> |
| 3.2. Personal safety at cliff edge whilst setting up climb/s ..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 3.3. Checks all knots, including tape knots .....                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 3.4. Checks karabiners are correctly closed .....                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 3.5. Checks for sharp edges in contact with rope/s .....           | <input type="checkbox"/> | <input type="checkbox"/> |
| 3.6. Checks for abrasion on rope/s .....                           | <input type="checkbox"/> | <input type="checkbox"/> |
| 3.7. Anchors equalized, appropriate angles and no extension .....  | <input type="checkbox"/> | <input type="checkbox"/> |

Comments: .....

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**4. Climbing / belaying instruction (base of cliff) Talked Demo**

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|---|--------------------------|--------------------------|
| 4.1. Suitability of descent route .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.2. Setting up safe bottom belay anchor points .....                               | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.3. Checks harness and helmet are correctly fitted & secured before climbing ..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.4. Checks knots are correctly tied before climbing .....                          | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.5. Instruction and use of belay devices:  |                          |                          |
| 4.5.1. Belayer clipped to ground anchor .....                                       | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.5.2. Instruction of and use of Belay plate .....                                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.5.3. Use of a back-up belayer .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.5.4. Effectiveness of back-up belayer .....                                       | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.5.5. Supervision of belayer while other participant climbs .....                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.6. Clear unambiguous climbing calls and methods of communication .....            | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.7. Climbing principles instructed / demonstrated:                                 |                          |                          |



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|---|--------------------------|--------------------------|
| 4.7.1. Laybacks .....                           | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.7.2. Chimney / Bridging .....                 | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.7.3. Corners .....                            | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.7.4. Slabs .....                              | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.8. Ability to safely lower participants ..... | <input type="checkbox"/> | <input type="checkbox"/> |

Comments: .....

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**5. Abseiling instruction** **Talked Demo**

- Abseil location/s: .....
- |  |                          |                          |
|--|--------------------------|--------------------------|
| 5.1. Suitable for the needs of the group .....                                       | <input type="checkbox"/> | <input type="checkbox"/> |
| 5.2. Separate safe anchor points for abseil and safety ropes .....                   | <input type="checkbox"/> | <input type="checkbox"/> |
| 5.3. Edge safety:  |                          |                          |
| 5.3.1. Instructor whilst setting up and also while instructing .....                 | <input type="checkbox"/> | <input type="checkbox"/> |
| 5.3.2. Participants near and at cliff edge .....                                     | <input type="checkbox"/> | <input type="checkbox"/> |
| 5.4. Stopper knot tied in end of rope/s .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 5.5. Checks harness & helmet are correctly fitted and secured before abseiling ..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 5.6. Attachment of safety rope to participant .....                                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 5.7. <u>Effective</u> upper body support provided by chest harness .....             | <input type="checkbox"/> | <input type="checkbox"/> |
| 5.8. Checks karabiners are correctly closed .....                                    | <input type="checkbox"/> | <input type="checkbox"/> |
| 5.9. Avoidance of hazards (loose clothing etc) .....                                 | <input type="checkbox"/> | <input type="checkbox"/> |

Comments: .....

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**6. Rescue** **Talked Demo**

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|--|--------------------------|--------------------------|
| 6.1. Demonstrate a 'Load releasing anchor' ..... | <input type="checkbox"/> | <input type="checkbox"/> |
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Comments: .....

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**7. Overall program & Management of group** **Talked Demo**

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|---|--------------------------|--------------------------|
| 7.1. Suitable for the needs of the group .....                            | <input type="checkbox"/> | <input type="checkbox"/> |
| 7.2. Respect for the environment .....                                    | <input type="checkbox"/> | <input type="checkbox"/> |
| 7.3. Respect for other resource users .....                               | <input type="checkbox"/> | <input type="checkbox"/> |
| 7.4. Group behaviour .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 7.5. Constant reinforcement of cliff edge safety throughout the day ..... | <input type="checkbox"/> | <input type="checkbox"/> |



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- 7.6. Students and instructor wearing helmets .....
- 7.7. Storage of gear .....
- 7.8. Correct use of equipment .....
- 7.9. Weather monitored.....
- 7.10. Recognize and resolve conflict situations.....
- 7.11. Positive instruction and empathy.....
- 7.12. Professional conduct .....
- 7.13. Seeks client feedback .....

Comments: .....

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General comments on assessment: .....

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Assessor/s comments to be included in candidates log book: .....

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Assessor/s Signature/s: ..... Candidates Signature: .....