



## SAREA TOP ROPE INSTRUCTOR AND GUIDE RESCUE SKILLS ASSESSMENT

Candidates name: ..... Location:.....


Assessor/s name/s: .....

Date: .... /.... /.... Time started: ..... Time finished: ..... (Time allowed: 6hrs)

Weather conditions: .....

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### Please note:

- All equipment for this assessment must be provided by the candidate, unless otherwise arranged. This may include, but is not limited to, an abseil rope, rescue rope, climbing rope, prussiks, mechanical ascenders, pulley, carabiners, slings, harness, helmet and belay device.
-  • Your assessment will be immediately concluded if you fail to maintain the personal safety of yourself or any person under your direct supervision.
- If this is your final assessment, you must not conduct yourself as a qualified SAREA Instructor, until your assessments, logbook and First Aid certificate, have been sighted and ratified by the SAREA Board, and you have been subsequently notified by the Coordinating Assessor.

I have read and understood the above information: ..... (Candidate's Signature)

### Assessment Outline:

1. Assessor to meet candidate at pre-arranged location, e.g. the top gate at Morialta. Candidate is accountable for all equipment needed. Conduct pre-assessment checks (if safety items missing, such as the candidate's first aid kit, the assessment may be cancelled).
- 2.a. Move to the top of the cliff where the candidate is to set up a top belay, using a non auto-locking belay device.
- 2.b. The system is then put under load by a 'climber', and the candidate is to demonstrate escaping the system. This is then repeated with an auto-locking belay device.
3. Using a choice of belay device, lower climber approximately 3m over cliff edge. Demonstrate an assisted hoist, and then an unassisted hoist using a mechanical advantage system. Weight must be moved efficiently, and the climber must be lowered back to the 3m mark between tasks, (time taken must not exceed more than 5 minutes for each task).
4. Set up a single abseil line with a load releasing anchor and a safety line. A knot is placed in the abseil rope approximately 3m from the ground. Candidate abseils to the bottom of the cliff passing the knot. The candidate then ascends the rope passing the knot, using either prussiks or mechanical ascenders, and removes knot on descent. The rope is then ascended and descended using the method not used already, without passing a knot.
5. With an abseiler on the line, demonstrate the use of the load releasing anchor to release a jammed abseil device for a novice abseiler. Repeat without a load releasing anchor.
6. Remove a belayer from a bottom belay system, in which they were not previously anchored. Then descend to a cooperative climber on a bottom belay system who is unable to be lowered on their own rope. Attach climber to rescue line, and descend to bottom.
7. End of assessment. Pack up and debrief assessment (*candidate to be shown assessment sheet and discuss all items*). The Assessor is not to advise the candidate of a pass or fail at this time as this can only be concluded once all areas of the assessment have been discussed at an AA Panel Meeting, and ratified by the SAREA Board.



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## 1. Pre-assessment checks

- 1.1. Readily accessible first aid kit and phone .....
- 1.2. Climbing equipment inspected, appropriate, and history known .....
- 1.3. Appropriate footwear and attire .....

## 2. Top belay - escaping the system

- 2.1. Safety checks carried out prior to use of equipment.....
- 2.2. Non Auto-Locking Belay Device
  - 2.2.1. Anchors and system is set up to facilitate escaping .....
  - 2.2.2. Escape carried out in an efficient and timely manner .....
  - 2.2.3. Minimal lowering of climber .....
  - 2.2.4. Communication maintained .....
  - 2.2.5. Personal safety maintained .....
- 2.3. Auto-Locking Belay Device
  - 2.3.1. Anchors and system is set up to facilitate escaping .....
  - 2.3.2. Escape carried out in an efficient and timely manner .....
  - 2.3.3. Minimal lowering of climber .....
  - 2.3.4. Communication maintained .....
  - 2.3.5. Personal safety maintained .....
- 2.4. Explain differences between direct (off anchors) and indirect belay system ..

Comments:

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## 3. Hoisting and Hauling

- 3.1. Anchors set up to facilitate use of an assisted or unassisted hoist .....
- 3.2. Safety checks carried out prior to use of equipment .....
- 3.3. Demonstrate safe lowering practices with chosen belay device .....
- 3.4. Assisted Hoist
  - 3.4.1. Clear and unambiguous communication .....
  - 3.4.2. Carried out in an efficient and timely manner .....
  - 3.4.3. Personal safety maintained .....
  - 3.4.4. Climber safety maintained .....
- 3.5. Haul conscious person using a mechanical advantage system
  - 3.5.1. Clear and unambiguous communication .....
  - 3.5.2. Carried out in an efficient and timely manner .....
  - 3.5.3. Demonstrate an increase in mechanical advantage .....
  - 3.5.4. Personal safety maintained .....
  - 3.5.5. Climber safety maintained .....

Comments:

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## 4. Abseiling, Ascending and Descending

- 4.1. Safety checks carried out prior to use of equipment .....
- 4.2. Passing a knot
  - 4.2.1. Carried out in a timely and efficient manner .....
  - 4.2.2. Personal safety maintained .....



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**Abseiling, Ascending and Descending cont....**

4.3. Ascending with prussiks

4.3.1. Carried out in a timely and efficient manner .....

4.3.2. Personal safety maintained .....

4.4. Ascending with mechanical ascenders

4.4.1. Carried out in a timely and efficient manner .....

4.4.2. Personal safety maintained .....

Comments:

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**5. Load releasing anchors**

5.1. Safety checks carried out prior to use of equipment .....

5.2. Release a jammed abseil device through use of load releasing anchors

5.2.1. Clear and unambiguous communication .....

5.2.2. Carried out in an efficient and timely manner .....

5.2.3. Personal safety maintained .....

5.2.4. Climber safety maintained .....

5.3. Releases a jammed abseil device without load release anchor

5.3.1. Clear understanding of implication of situation .....

5.3.2. Problem solving regarding different situations .....

Comments:

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**6. Rescue Scenario**

6.1. Safety checks carried out prior to use of equipment .....

6.2. Clear and unambiguous communication .....

6.3. Carried out in an efficient and timely manner .....

6.4. Personal safety maintained .....

6.5. Climber safety maintained .....

Comments:

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Assessor/s comments on assessment (to be included in the candidates logbook):

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I hereby state that this is a true and fair assessment:

Assessor/s signature/s:..... Candidate's Signature: .....