



LOG BOOK SUMMARY SHEET

TOP ROPE / LEAD CLIMBING INSTRUCTOR **

** Cross out which ever is not applicable

Candidates name: Log book checked by:

Time period being considered to (Date log book submitted minus 24 months)

Is the candidate over 18 years of age? **Yes / No**

Is logged climbing over more than 12 months (24 months if Lead Instructor)? **Yes / No**

1. FIRST AID CERTIFICATE

Meets the Requirements	Yes	No
Current Senior First Aid certificate – <u>Must be sighted</u>		
<ul style="list-style-type: none"> ▪ Course Provider: _____ ▪ Issue Date: _____ ▪ Certificate No.: _____ ▪ Expiry Date: _____ 		

2. CLIMBING

2.1. Top Rope / Seconding Metres

Grade	1 st Page	2 nd Page	3 rd Page	4 th Page	5 th Page	6 th Page	7 th Page	Total (m)
14 +								

2.2. Lead Climbing Metres — Single Pitch

Grade	1 st Page	2 nd Page	3 rd Page	4 th Page	5 th Page	6 th Page	7 th Page	Total (m)
12 +								
16 +								

2.3. Lead Climbing Metres — Multi-Pitch

Grade	1 st Page	2 nd Page	3 rd Page	4 th Page	5 th Page	6 th Page	7 th Page	Total (m)
12 +								
16 +								

3. INSTRUCTIONAL HOURS

Hours	1 st Page	2 nd Page	3 rd Page	4 th Page	5 th Page	6 th Page	7 th page	Total (m)
SP								
MP								

4. REQUIREMENTS

Total climbing of at least 1,250 metres (2,500 metres if Lead)	As Logged	Yes	No
<ul style="list-style-type: none"> ▪ 750m+ top-rope and lead climbing in at least two recognised areas at grade 14+ (Top roping not applicable for Lead) 	TR & LC =		
<ul style="list-style-type: none"> ▪ 300m+ of lead climbing in at least two recognised areas at Grade 12+ (1,000m+ at Grade 16+ if Lead) 	LC =		
<ul style="list-style-type: none"> ▪ 200m+ of multi pitch lead climbing in at least two recognised areas at Grade 12+ (1,500m+ at Grade 16+ if Lead) 	MPLC =		
<ul style="list-style-type: none"> ▪ 50+ hours as an assistant instructor supervised by a qualified SAREA instructor (plus another 20+ hours on multi pitch routes if Lead) 			

5. RECOMMENDATIONS (IF FURTHER COMMENTS ARE REQUIRED PLEASE USE OTHER SIDE)

Log book Passed? (circle one) Yes / No	Certificate No.:	Issue Date:
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