



SAREA TOP ROPE INSTRUCTOR AND GUIDE GROUP SKILLS ASSESSMENT


Candidates name: Location:.....

Assessor/s name/s:

Date: /.... /.... Time started: Time finished: (Time allowed: 4hrs)

Weather conditions:

Please note:

- Your log book and first aid certificate must be submitted to SAREA, prior to your group management assessment being confirmed.
- All equipment for this assessment must be provided by the candidate, unless otherwise arranged. This may include, but is not limited to, a static rope, a climbing rope, prussics, carabiners, slings, helmets and harnesses for yourself and participants.
-  • Your assessment will be immediately concluded if you fail to maintain the personal safety of yourself or any person under your direct supervision.
- If this is your final assessment, you must not conduct yourself as a qualified SAREA Instructor, until your assessments, logbook and First Aid certificate, have been sited and ratified by the SAREA Board, and you have been subsequently notified by the Coordinating Assessor.

I have read and understood the above information: (Candidate's Signature)

Assessment Outline:

1. Meet candidate at pre-arranged location, e.g. the top gate at Morialta and complete pre-assessment checks, e.g. first aid kit. Candidate must present a copy of the following to be checked by the Assessor prior to commencement of the activity:
 - A risk management plan including emergency response plan
 - A session plan with group outcomes, taking into consideration their prior experience
2. Candidate takes group to a location away from the cliff edge for safety / equipment briefing.
3. Candidate moves group to the cliff environment to set up top rope and bottom belay. (can be done prior to arrival of clients). Personal safety at edge and descent is also covered and a suitable descent route and method is used to access the base of the cliff.
4. At the base of the cliff candidate demonstrates/instructs top rope skills, including belaying, climbing calls and climbing techniques.
5. After all participants have belayed each other and had at least one climb, candidate moves the group to the top of cliff to set-up for the abseil:
 - Must use an 'effective' chest harness that provides upper body support that would prevent the participant from inverting.
 - Must use a separate safety rope.
 - Instruct participants to abseil safely.
6. Overall group management will be assessed throughout the day.
7. End of assessment. Show candidate this assessment sheet and discuss all items. A pass or fail cannot be advised at this time as is determined by the SAREA AA Panel and Board, not the assessor. You will be notified by the Coordinating Assessor of your result.



SAREA TOP ROPE GROUP MANAGEMENT ASSESSMENT

1. Pre-assessment Checks

- 1.1. Check candidate has the following:
 - 1.1.1. Risk Management Plan
 - 1.1.2. Session Plan
 - 1.1.3. Readily accessible First Aid kit and mobile phone
 - 1.1.4. Appropriate climbing equipment, with known history
 - 1.1.5. Correct number of suitable clients (4)

Comments:

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2. Group Safety and Equipment Briefing

- 2.1. Check of medical and emergency contact information
- 2.2. Check participants personal protective equipment, food and drink
- 2.3. Outline of session plan provided, including aims and objectives
- 2.4. Brief outline of hazards, and management procedures
- 2.5. Emergency response information
 - 2.5.1. Location of first aid
 - 2.5.2. Communication system
 - 2.5.3. Meeting point
- 2.6. Discussion about cliff edge safety
- 2.7. Discussion about loose rocks and other falling objects
- 2.8. Checks harnesses and helmets are correctly fitted and secured
- 2.9. Instruction of knots
- 2.10. Walking on ropes
- 2.11. Dropped equipment
- 2.12. Toilet and minimal impact procedures

Comments:

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3. Top Rope Set-Up (top of cliff) Climb name/s:

- 3.1. Suitable for the needs of the group
- 3.2. Personal safety at cliff edge whilst setting up climb/s
- 3.3. Checks all knots, including tape knots
- 3.4. Checks carabiners are correctly closed
- 3.5. Checks for sharp edges in contact with rope/s
- 3.6. Checks for abrasion on rope/s
- 3.7. Anchors equalized, appropriate angles and no extension

Comments:

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SAREA TOP ROPE GROUP MANAGEMENT ASSESSMENT

4. Climbing and Belaying Instruction

- 4.1. Suitability of descent route
- 4.2. Setting up safe bottom belay anchor points
- 4.3. Checks harness and helmet are correctly fitted & secured before climbing .
- 4.4. Checks knots are correctly tied before climbing
- 4.5. Instruction and demonstration of belaying:
 - 4.5.1. Belay clipped to ground anchor
 - 4.5.2. Instruction of and use of Belay device
 - 4.5.3. Use and effectiveness of a back-up belayer
 - 4.5.4. Supervision of belayer while other participant climbs
- 4.6. Clear unambiguous climbing calls and methods of communication
- 4.7. Climbing techniques discussed e.g. laybacks, corners.

Comments:

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5. Abseiling instruction

- Abseil location/s:
- 5.1. Suitable for the needs of the group
- 5.2. Redundant anchor points for abseil and safety ropes
- 5.3. Edge safety:
 - 5.3.1. Instructor whilst setting up and also while instructing
 - 5.3.2. Participants near and at cliff edge
- 5.4. Stopper knot tied in end of rope/s
- 5.5. Checks harness & helmet are correctly fitted and secured before abseiling
- 5.6. Attachment of safety rope to participant
- 5.7. Effective upper body support provided by chest harness
- 5.8. Checks carabiners are correctly closed
- 5.9. Avoidance of hazards (loose clothing etc)

Comments:

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SAREA TOP ROPE GROUP MANAGEMENT ASSESSMENT

6. Overall program & Management of group

- 6.1. Suitable for the needs of the group
- 6.2. Respect for the environment
- 6.3. Respect for other resource users
- 6.4. Group behaviour
- 6.5. Constant reinforcement of cliff edge safety throughout the day
- 6.6. Students and instructor wearing helmets
- 6.7. Storage of gear
- 6.8. Correct use of equipment
- 6.9. Weather monitored
- 6.10. Recognize and resolve conflict situations.....
- 6.11. Positive instruction and empathy
- 6.12. Professional conduct
- 6.13. Seeks client feedback.....

Comments:.....

Assessor/s comments to be included in candidates log book:

Assessor/s Signature/s: Candidates Signature: